	Octobe Halstad Liv Activ		Tuesday  6:45 Morning Stretch 9:00 Helping Hands 9:45 Coffee Visit 10:15 Jingo 2:15 Soup Group 4:00 Penny Ante	Wednesday  6:45 Morning Stretch 9:00 Helping Hands 9:30 Coffee Visit 10:15 Random Trivia 2:15 Bingo 4:00 RRV Memories 4:30 Mass 6:00 Evening Movie	6:45 Morning Stretch 9:00 Helping Hands 9:45 Coffee Visit 10:15 Reminisce 2:15 Left, Center, Right 4:00 Three Clue Trivia	Friday  6:45 Morning Stretch 9:00 Helping Hands 9:45 Coffee Visit 10:15 Chicken Foot 1:30 Golf Cart Rides* 4:00 Bingo	9:00 Bible Study with John Nelson 10:00 Coffee Visit 1:00 Leisure Cart 2:15 Bingo
	7:00 TV Time	6:45 Morning Stretch 9:00 Helping Hands 9:45 Coffee Visit 10:15 Oh Shoot 1:30 Hillsboro Crop Tour 4:00 Bingo 6:00 Shake Loose a Memory	6:45 Morning Stretch 9:00 Helping Hands 9:45 Coffee Visit 10:15 Yust Yoking 12:30 Walmart Trip* 4:00 Easy Does It Trivia	6:45 Morning Stretch 9:00 Helping Hands 9:30 Coffee Visit 10:15 Communion Service with Pastor Jorgenson 2:15 Bingo 4:00 Reader's Digest 4:30 Mass 6:00 Evening Movie	6:45 Morning Stretch 9:00 Helping Hands 9:45 Coffee Visit 10:15 Jeopardy Trivia 2:15 Special Music with Paul Swanstrom 4:00 You Be the Judge	6:45 Morning Stretch 9:00 Helping Hands 9:45 Coffee Visit 10:15 Yahtzee 2:15 Apple Tasting Extravaganza 4:00 Bingo	10:00 Coffee Visit 1:00 Leisure Cart 2:15 <b>Bingo</b>
	10:15 Worship Service 2:15 Special Music with the MBC Students 7:00 TV Time	6:45 Morning Stretch 9:00 Helping Hands 9:45 Coffee Visit 10:15 Finish the Phrase 2:15 Read & Reminisce with Rita 4:00 Bingo 6:00 What Am (Canada) Sukkot	6:45 Morning Stretch 9:00 Helping Hands 9:45 Coffee Visit 10:00 Load for Trip to Fryn' Pan for Dinner 4:00 Horse Racing Family Dining by Invitation	6:45 Morning Stretch 9:00 Helping Hands 9:45 Coffee Visit 10:15 You Pick the Story 2:15 Bingo 4:00 Laughter is the Best Medicine 4:30 Mass 6:00 Evening Movie	6:45 Morning Stretch 9:00 Helping Hands 9:45 Coffee Visit 10:15 Riddle Me This 2:00 Special Music with Ron Bervig 4:00 Outburst	6:45 Morning Stretch 9:00 Helping Hands 9:45 Coffee Visit 10:15 Shake out the Truth 1:30 Golf Cart Rides* 4:00 Bingo	9:00 Bible Study with John Nelson 10:00 Coffee Visit 1:00 Leisure Cart 2:15 Bingo
	10:15 Worship Service 2:15 Special Music with the MBC Students 7:00 TV Time	6:45 Morning Stretch 9:00 Helping Hands 9:30 Coffee Visit 11:00 Ladies' Luncheon 2:15 Imaginiff 4:00 Bingo 6:00 Karaoke with Jon & Joann	6:45 Morning Stretch 9:00 Helping Hands 9:45 Coffee Visit 10:15 Pass the Pigs 1:00 Trip to Shooting Star Casino 4:00 Trivia Time	6:45 Morning Stretch 9:00 Helping Hands 9:30 Coffee Visit 10:00 Special Music with Doug Spartz 2:15 Bingo 4:00 RRV Memories 4:30 Mass 6:00 Evening Movie	6:45 Morning Stretch 9:00 Helping Hands 9:45 Coffee Visit 10:15 Reminisce 2:15 Crafter's Corner 4:00 Armchair Travels: Scotland's Islands & Glasgow	6:45 Morning Stretch 7:30 Men's Breakfast 9:00 Helping Hands 9:30 Coffee Visit 10:15 Name That Jingle 2:15 Toss n' Talk 4:00 Bingo	9:00 Bible study with John Nelson 10:00 Coffee Visit 1:00 Leisure Cart 2:15 Bingo
	10:15 Worship Service 2:15 Special Music with the MBC Students 7:00 TV Time	6:45 Morning Stretch 9:00 Helping Hands 9:45 Coffee Visit 10:15 Name 5 2:15 Baking Bunch 4:00 Bingo 6:00 Halloween Hangman	6:45 Morning Stretch 9:00 Helping Hands 9:45 Coffee Visit 10:15 Resident Council 1:30 Twin Valley Fall Leaf Tour 4:00 Finish the Phrase	6:45 Morning Stretch 9:00 Helping Hands 9:30 Coffee Visit 10:15 Worship Service with Pastor Caleb 2:15 Bingo 4:00 Guideposts 4:30 Mass 6:00 Evening Movie	6:45 Morning Stretch 9:00 Helping Hands 9:45 Coffee Visit 10:15 Jingo 2:15 Halloween Hootenanny 4:00 Movie & Popcorn	The calendar has been approved by the Resident Council.  Activities are subject to change with the needs of the group.  Changes will be posted on the bulletin board outside of the Dining Room.  Happy Birthday to:  Coffee Served:  9:45 in the Activity Room M-Sa 3:00 in the Dining Room Daily	
Keep in Touch Visit 5-6 times per week Mail delivered Monday-Saturday Email: hlcact@rrv.net Phone: 218.456.2105 Jess Karstens, Activity Director							