| Sunday   | Monday   | Tuesday   | Wednesday   | Thursday   | Friday  | Saturday   |
|--|--|---|---|--|---|--|
|  | uary 202 ad Living Center Activi   | 3:00 in the   | No Activities Scheduled 1  Happy New Year  2020  New Year's Day   | 6:45 Morning Stretch 9:00 Helping Hands 9:45 Coffee Visit 10:15 Reminisce 2:15 Left, Center, Right 4:00 Outburst   | 6:45 Morning Stretch 9:00 Helping Hands 9:30 Coffee Visit 12:00 Holiday Family Dinner 2:15 Movie & Munchies 4:00 Bingo                    | 9:00 Bible Study with John Nelson 10:00 Coffee Visit 1:00 Leisure Cart 2:15 Bingo  Happy Birthday Eva!   |
| 10:15 Worship Service 1:00 Sunday Matinee: White Christmas 7:00 TV Time  | 9:00 Helping Hands<br>9:45 Coffee Visit<br>10:15 About Epiphany<br>2:15 <b>Making Snowflakes</b>                               | 6:45 Morning Stretch<br>9:00 Helping Hands<br>9:45 Coffee Visit<br>0:15 Oh Shoot<br>2:15 Soup Group<br>4:00 Bean Bag Toss                                 | 6:45 Morning Stretch 9:00 Helping Hands 9:30 Coffee Visit 10:15 Communion Service with Pastor Jack Carlson 2:15 Bingo 4:00 Reader's Digest 4:30 Mass 6:00 Evening Movie | 6:45 Morning Stretch 9:00 Helping Hands 9:45 Coffee Visit 10:15 Happy Birthday Elvis! 2:15 Crafter's Corner 4:00 Scattegories  | 6:45 Morning Stretch<br>9:00 Helping Hands<br>9:45 Coffee Visit<br>10:15 Luck<br>2:15 <b>Fudgey Friday</b><br>4:00 Bingo                  | 9:00 Bible Study with John Nelson 10:00 Coffee Visit 1:00 Leisure Cart 2:15 Bingo  |
| 10:15 Worship Service 1:00 Sunday Matinee: Frosty the Snowman 7:00 TV Time   | 9:00 Helping Hands 9:45 Coffee Visit 10:15 Yahtzee 1 2:15 Read & Reminisce with Rita   | 6:45 Morning Stretch 9:00 Helping Hands 9:45 Coffee Visit 0:15 Yust Yoking 2:30 Walmart Trip -weather permitting 4:00 This & That                         | 6:45 Morning Stretch 9:00 Helping Hands 9:30 Coffee Visit 10:15 You Choose the Story 2:15 Bingo 4:00 Guideposts 4:30 Mass 6:00 Evening Movie                            | 6:45 Morning Stretch 9:00 Helping Hands 9:45 Coffee Visit 10:15 Jeopardy Trivia 2:15 Penny Ante 4:00 Armchair Travels:  Happy Birthday Phyl! Happy Birthday Judy R! (HH) | 6:45 Morning Stretch 9:00 Helping Hands 9:45 Coffee Visit 10:15 Banana Grams 2:00 Special Music with the Bueings 4:00 Bingo               | 9:00 Bible study with John Nelson 10:00 Coffee Visit 1:00 Leisure Cart 2:15 Bingo  |
| the MBC Students 7:00 TV Time  Happy Birthday Dorothy!   | 9:30 Coffee Visit<br>10:15 Remembering MLK<br>11:00 Ladies' Luncheon<br>2:15 Imaginiff   | 6:45 Morning Stretch<br>9:00 Helping Hands<br>9:45 Coffee Visit<br>0:15 Oh Shoot<br>2:15 Soup Group<br>4:00 Horse Racing                                  | 6:45 Morning Stretch 9:00 Helping Hands 9:30 Coffee Visit 10:15 Worship Service with Pastor Caleb 2:15 Bingo 4:00 RRV Memories 4:30 Mass 6:00 Evening Movie             | 6:45 Morning Stretch 9:00 Helping Hands 9:45 Coffee Visit 10:15 Reminisce 2:00 Special Music with Ron Bervig 4:00 Chicken Soup for the Soul                              | 6:45 Morning Stretch 9:00 Helping Hands 9:45 Coffee Visit 10:15 Chicken Foot 11:00 Chinese New Year Dinner 2:15 Are You A Rat? 4:00 Bingo | 9:00 Bible Study with John Nelson 10:00 Coffee Visit 1:00 Leisure Cart 2:15 Bingo  |
| 10:15 Worship Service<br>2:15 Special Music with   | 6:45 Morning Stretch 9:00 Helping Hands 9:45 Coffee Visit 10:15 Pass the Pigs 2:15 Toss n' Talk 4:00 Bingo 6:00 Winter Hangman | 6:45 Morning Stretch 9:00 Helping Hands 9:45 Coffee Visit 0:15 Resident Council 2:15 Shooting Star Casino Trip - weather permitting 4:00 Sing Along Video | 6:45 Morning Stretch 9:00 Helping Hands 9:30 Coffee Visit 10:15 Riddle Me This 2:15 Bingo 4:00 Chicken Soup for the Soul 4:30 Mass 6:00 Evening Movie                   | 6:45 Morning Stretch 9:00 Helping Hands 9:45 Coffee Visit 10:15 Laughter is the Best Medicine 2:15 Crafter's Corner 4:00 You Be the Judge                                | 4.00 Billigo  | The calendar has been approved by the Resident Council.  Activities are subject to change with the needs of the group.  Changes will be posted on the bulletin board outside of the Dining Room. |
| Keep in Touch Visit 5-6 times per week  Mail delivered Monday-Saturday  Email: hlcact@rrv.net  Phone: 218.456.2105  Jess Karstens, Activity Director |  |   |   |  |   |  |