

Staying Active

During this difficult time, we want you to know that *we are doing everything we can to make sure your loved one stays engaged and as active as possible.* We are bringing activities into resident rooms while providing one to one visits and small group activities with our residents. These include board games, trivia, daily devotions, puzzles, adult coloring and crafts, and special snacks. Every day we continue to research and find new ways to keep residents entertained and involved. If you have any questions or concerns about activities during this time please contact Jess Karstens at 218.456.2105 or hlcact@rrv.net.



November Birthdays

In astrology, those born from November 1–21 are Scorpio's scorpions. Scorpions are passionate and intense, yet you may never know given their calm demeanors. They value truth, loyalty, and justice in friends and family. Those born between November 22–30 are Archers of Sagittarius. The Archer's open mind, optimism, curiosity, and enthusiasm make them the travelers of the zodiac. They treasure freedom: freedom to roam, freedom of thought, and freedom to express themselves.

- 10th - Joanne
- 18th - Alyssa R.
- 19th - Carol
- 20th - Donna
- 22nd - Marion (HH)
- 28th - Mary (HH)



'Tis Almost the Season

For the past few years, we have gotten all dolled up and have taken pictures of our HLC family for Christmas cards. The Halstad Lions Club has generously donated money to purchase 10 free cards for each resident who would like to participate. Residents and their families are also able to purchase more cards if they would like to. The participation/order forms have been sent to family members and given to residents. We will start taking pictures mid-November. Please reach out to Jess Karstens if you have any questions or would like to order cards - hlcact@rrv.net or 218.456.2105.

THANK YOU VETERANS

HONORING ALL WHO SERVED • 11TH NOVEMBER • VETERANS DAY



- DUANE FEALY - ARMY
- BRUCE LARSON - ARMY
- STEVE LEE - ARMY NATIONAL GUARD
- LYNN MELHUS - ARMY
- JERRY NESS - ARMY
- DONN PRIBULA - ARMY
- IVAN VRAA - MARINES
- GEORGE AALGAARD (HH) - ARMY
- RALPH CHANDLER (HH) - ARMY
- TIM SIVERTSON (HH) - AIR FORCE
- JOLENE DAMMEN (STAFF) - NAVY
- SONIA TRINIDAD (STAFF) - MARINES



November Blessings

- cooler weather
- frosty windows
- completed harvest
- migrating geese
- harvest moons
- hot bubble baths
- an extra hour
- pumpkin pie
- flannel jammies
- lit fireplaces
- cozy scarves
- finding treasures in coat pockets from last year



We Are Thankful

As we all know, this year has been extremely challenging for most of us. And I say that as a person who got to go home to my family every evening and come back to family for work every day. As a facility, we have had to make hard decisions with the goal of keeping people as safe and healthy as possible. We have been diligent with protecting ourselves and the people who live with us and have kept the numbers of illness quite low compared to many other places, which is wonderful. But we have missed you - your smiles, hugs, laughter, tears. It is difficult to say the least.

And still, with all of the hard things, we continue to find things to be thankful for. This word cloud contains words our HLC family shared with us recently. We wrote each of them on a leaf and put them up by the main bulletin board as a large tree - a tree of thanksgiving. I think they are all amazing reminders of how blessed we all are despite the frustrations and limitations we are living with right now.

So, as the holiday season comes and goes with us finding new ways of celebrating old traditions, remember we are here, loving and missing you from this space. Our hearts are finding all of the things that we are thankful for and happy about and hope you are doing the same. ~Jess

Making the Difference!



CHey Gerber, Dietary Assistant

CHey started his career working at a café and helping a farmer with bales but found those jobs weren't a great fit for him. He finally found his niche at Halstad Living Center in 2018 working in the dietary department. When he isn't visiting with the residents and making them smile, CHey is using his organizational skills and efficient work ethic to keep the dining room running smoothly. He is quick to make sure all of the residents get what they need to eat and drink when they need it and likes to keep things neat and tidy.

CHey likes getting to know the residents and what their preferences are. He states, "Having the world's greatest boss and structure in the job has made me grow up and be more responsible." CHey also enjoys chatting with his co-workers which makes the days go by fast.

CHey lives in Halstad so he is always able to get to work on time. When he isn't working, he enjoys playing video games and basketball with his friends.

Thanks, CHey, for making the difference!

Care Conferences

A Care Conference is a great time to ask questions and share concerns regarding your loved one living at Halstad Living Center. It is also a good time to share things that are going well and background information about your loved one. During these quarterly meetings, representatives from Nursing, Dietary, Social Services, Activities, and most importantly the resident and/or family meet to discuss changes in the resident's care, abilities, and psycho/social needs. Input from the family is important because you know your loved one's preferences and habits best and may notice small changes first. Your involvement helps us help your loved one.

Your Voice is Important

Each quarter, a notice is mailed to the primary contact with the date and time your loved one's Care Conference is scheduled. Please reach out to Lorie Paulsrud, Social Service Designee, if the time doesn't work for you. Currently, it is possible to attend a Care Conference via telephone conference or Zoom® (online video conference). When visitors are permitted in the facility, attending the Care Conference in person is also an option. We look forward to working with you!



Wisdom Biscuit: What material was Mr. Potato Head originally made from?



The Answer:

A precursor to Mr. Potato Head was sold without a head and the parts meant to be used added to real potatoes and other vegetables.

The first official Mr. Potato Head came with a styrofoam head in 1951. It was replaced with a plastic head in 1964.

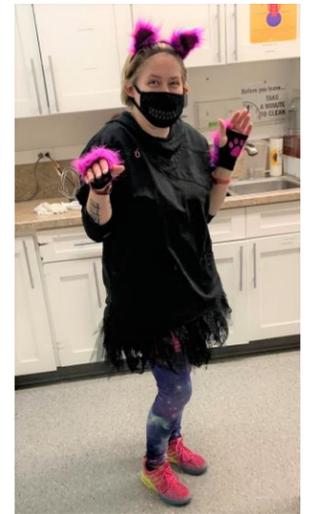
Inventor George Lerner invented a toy for children in 1949 called "make a face" that featured some of the now-familiar facial features but was sold without a head. Kids were meant to attach the pieces to a real potato or another vegetable. It was not a success.

He later made a deal with a cereal company to include the pieces as prizes in their product until 1951 when a company by the name of Hassenfeld Brothers Inc. discovered the idea and made a deal with Lerner to cancel the cereal deal and sell the rights to them. These Hassenfeld Bros repackaged the product and included a styrofoam head – naming it Mr. Potato Head. It was an instant success. In 1964, the head was replaced with a plastic one.

Those first sets had hands, feet, ears, two mouths, two pairs of eyes, and four noses; three hats, eyeglasses, a pipe, and eight pieces of felt suitable for beards and mustaches. They came with a styrofoam head that children could use, but instructions suggested a potato or other vegetable would do as well.

The very first TV ad ever directed at children was a 1952 advertisement for Mr. Potato Head. Mrs. Potato Head was introduced soon after that in 1953, followed by brother Spud, sister Yam, and various pets.

Belit, one of our amazing cooks, got into the spirit of the season wearing her Sassy Cat costume on Friday 10/30. Our HLC family loved it!



Wisdom Biscuit cont.

The company changed its name to Hasbro in 1963 and now one of the largest toy companies in the world, selling products like G.I. Joe, Transformers, Playskool, Tonka, Nerf, Cabbage Patch Kids to name a few.



Hasbro also now owns Parker Brothers, the makers of Monopoly, and Milton Bradley, the makers of Scrabble and much more. They also own the rights to Pokemon toys, Sesame Street toys and have a license to develop toys from Disney Studios films. Hasbro has revenues of roughly \$4.5 billion per year.

Source: <https://wisdombiscuits.com/what-material-was-mr-potato-head-originally-made-from/>

